



PREVALENT MEDICAL CONDITION — EPILEPSY PLAN OF CARE

STUDENT INFORMATION

Student Name \_\_\_\_\_ Date Of Birth \_\_\_\_\_

Ontario Ed. # \_\_\_\_\_ Age \_\_\_\_\_

Grade \_\_\_\_\_ HR \_\_\_\_\_ Teacher(s) \_\_\_\_\_

Student Photo (optional)

EMERGENCY CONTACTS (LIST IN PRIORITY)

Table with 4 columns: NAME, RELATIONSHIP, DAYTIME PHONE, ALTERNATE PHONE. Rows 1, 2, 3.

Has an emergency rescue medication been prescribed? [ ] Yes [ ] No

If yes, attach the rescue medication plan, healthcare providers' orders and authorization from the student's parent(s)/guardian(s) for a trained person to administer the medication.

Note: Rescue medication training for the prescribed rescue medication and route of administration (e.g. buccal or intranasal) must be done in collaboration with a regulated healthcare professional.

KNOWN SEIZURE TRIGGERS

CHECK (✓) ALL THOSE THAT APPLY

- [ ] Stress [ ] Menstrual Cycle [ ] Inactivity [ ] Changes In Diet [ ] Lack Of Sleep [ ] Electronic Stimulation (TV, Videos, Florescent Lights) [ ] Illness [ ] Improper Medication Balance [ ] Change In Weather [ ] Other [ ] Any Other Medical Condition or Allergy?

Plan of Care for: \_\_\_\_\_

**DAILY/ROUTINE EPILEPSY MANAGEMENT**

<b>DESCRIPTION OF SEIZURE (NON-CONVULSIVE)</b>	<b>ACTION:</b>
	(e.g. description of dietary therapy, risks to be mitigated, trigger avoidance.)

<b>DESCRIPTION OF SEIZURE (CONVULSIVE)</b>	<b>ACTION:</b>

**SEIZURE MANAGEMENT**

Note: It is possible for a student to have more than one seizure type.  
Record information for each seizure type.

<b>SEIZURE TYPE</b>	<b>ACTIONS TO TAKE DURING SEIZURE</b>
(e.g. tonic-clonic, absence, simple partial, complex partial, atonic, myoclonic, infantile spasms)  Type: _____  Description: _____	

Frequency of seizure activity: \_\_\_\_\_

\_\_\_\_\_

Typical seizure duration: \_\_\_\_\_

## BASIC FIRST AID: CARE AND COMFORT

First aid procedure(s): \_\_\_\_\_

Does student need to leave classroom after a seizure?       Yes       No

If yes, describe process for returning student to classroom: \_\_\_\_\_

### BASIC SEIZURE FIRST AID

- Stay calm and track time and duration of seizure
- Keep student safe
- Do not restrain or interfere with student's movements
- Do not put anything in student's mouth
- Stay with student until fully conscious

### FOR TONIC-CLONIC SEIZURE:

- Protect student's head
- Keep airway open/watch breathing
- Turn student on side

## EMERGENCY PROCEDURES

Students with epilepsy will typically experience seizures as a result of their medical condition.

Call 9-1-1 when:

- Convulsive (tonic-clonic) seizure lasts longer than five (5) minutes.
- Student has repeated seizures without regaining consciousness.
- Student is injured or has diabetes.
- Student has a first-time seizure.
- Student has breathing difficulties.
- Student has a seizure in water
- ★ Notify parent(s)/guardian(s) or emergency contact.

### HEALTHCARE PROVIDER INFORMATION

**Healthcare provider may include:** Physician, Nurse Practitioner, Registered Nurse, Pharmacist, Respiratory Therapist, Certified Respiratory Educator, or Certified Asthma Educator.

Healthcare Provider's Name: \_\_\_\_\_

Profession/Role: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Special Instructions/Notes/Prescription Labels: \_\_\_\_\_

If medication is prescribed, please include dosage, frequency and method of administration, dates for which the authorization to administer applies, and possible side effects.

\*This information may remain on file if there are no changes to the student's medical condition.

### AUTHORIZATION/PLAN REVIEW

#### INDIVIDUALS WITH WHOM THIS PLAN OF CARE IS TO BE SHARED

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

Other Individuals To Be Contacted Regarding Plan Of Care:

Before-School Program  Yes  No \_\_\_\_\_

After-School Program  Yes  No \_\_\_\_\_

School Bus Driver/Route # (If Applicable) \_\_\_\_\_

Other: \_\_\_\_\_

**This plan remains in effect for the 20\_\_ — 20\_\_ school year without change and will be reviewed on or before:** \_\_\_\_\_. (It is the parent(s)/guardian(s) responsibility to notify the principal if there is a need to change the plan of care during the school year).

Parent(s)/Guardian(s): \_\_\_\_\_ Date: \_\_\_\_\_  
Signature

Student: \_\_\_\_\_ Date: \_\_\_\_\_  
Signature

Principal: \_\_\_\_\_ Date: \_\_\_\_\_  
Signature