

Daily Learning Planner

*Ideas families can use to help children
do well in school*

Windsor-Essex Catholic School Board
Parent Involvement Committee



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Ask your child to help you plan a family activity.
- 2. Give your child a leafy stalk of celery to put into colored water. Watch the color rise into the stalk over the next week.
- 3. Have your child draw on white paper with a white candle. The picture will appear when your child paints over it.
- 4. Watch or read the weather forecast with your child today. Locate the hottest and the coolest locations on a map.
- 5. Play a card game that uses math with your child.
- 6. Enjoy some outdoor physical activity as a family today.
- 7. Check out the school's website. Is there information posted for your child's grade level?
- 8. If your child will take the bus to school, make sure you both know where and when it will stop.
- 9. Have a Backward Day. Walk backward, count backward, etc.
- 10. Make a sound, such as jingling keys. Ask your child to guess what you are doing without looking.
- 11. Help your child use ads for school supplies to figure out where to get the best buys.
- 12. Mute the sound on a TV show. With your child, make up the dialogue.
- 13. Have a Digital Device-Free Day. Enjoy screen-free activities together.
- 14. Create an art gallery. Frame your child's artwork (a homemade paper frame is fine). Rotate the work on display frequently.
- 15. Do you have errands to do? Have your child help you write a to-do list.
- 16. Make your child laugh! Tell a joke, read a funny story or poem, sing a silly song or draw a cartoon.
- 17. Start a made-up story. "A man went down the road and met a" Let your child finish the story.
- 18. Have a special breakfast with your child today. Talk about goals for the new school year.
- 19. Help your child reestablish school-year bedtime and wake-up routines.
- 20. Play a game of hide and seek with your child.
- 21. Plant an herb garden in pots on your window sill. Let your child smell and taste the leaves and describe the flavors.
- 22. Have your child use the telephone number keys to make words. For example, 5-6-8-3 = Love.
- 23. Choose a "person of the week." Read more about this person with your child.
- 24. Talk with your child about the importance of telling an adult when a person is being bullied.
- 25. Ask your child to tell you about a favorite summer memory.
- 26. Set aside time every day for reading aloud. Sometimes, let your child read to you.
- 27. Write a secret message in lemon juice on paper. Have your child hold it over a light bulb to read it.
- 28. Put on music and spend 15 minutes drawing or writing with your child. Let the music be your inspiration.
- 29. Visit a local historic site with your child today.
- 30. For smoother mornings, have your child choose and lay out clothes the night before.
- 31. Before driving, show your child the route on a map. Ask for help navigating.