

Kenya: Feel the Heartbeat of Africa

One of our local area grade 11 students, Alysha Rosaasen, is planning a missionary journey with Craig Kielberger's Me to We organization.

She will be going to Kenya, Africa July 2013 for three weeks. While in Kenya, Alysha will take a step into the Maasai Mara region where she will be building schools and digging wells as she literally walks in



someone else's shoes. This young lady will have the joy of meeting and learning from local elders and community leaders, helping village 'mamas' draw and carry water from local wells, learning Swahili and helping work on clean water projects for children and communities in need.



While in Kenya, Alysha will be travelling the countryside in a lorry and experience villages in deserts and coastal regions. Yes, Kenya is large and has a variety of landscapes and the people have a multitude of needs. She will be busy learning a new language, engulfed in new customs, all the while doing what Alysha loves best: helping other people.

Alysha's goal in life is to become a teacher, and she has been busy volunteering with the Canadian Cancer Society Youth Troup and Best Buddies, which is an organization dedicated to working with special needs children. She is excited and looking forward to spending a total of 21 days in Kenya making the world a better place.

Alysha's brother, Joshua Rosaasen, is one of our local area grade 12 students, and is going on a medical mission with Projects Abroad. He will be going to Kenya, Africa May 2013 for a month. While in Kenya, Joshua will be working in medical institutions in and around the town of Nakuru. Much of the medical staff is voluntary and depending on need, Josh may be working in local health clinics or in the larger hospitals helping patients who have a wide range of illnesses. The facilities within the hospitals and



clinics are basic and treatments are sometimes not at the level or standard we are used to in North America. Joshua will see some shocking cases and may experience a sense of helplessness because there is only so much that can be done for the local people.

While in Kenya, Joshua will also be working with a medical outreach program that involves travelling to local villages, rural areas, and orphanages to carry out basic medical checks on the local community. This is one more learning experience that he will not be able to experience at home, simply because these situations and living conditions do not exist in our society.

Josh's goal in life is to become a doctor, and he has been busy volunteering with the Canadian Cancer Society, Youth Troup as well as being active in sports. He will be attending university in the fall for medical science as well as playing football. Josh is excited and looking forward to spending a month in Kenya making a difference in the lives of the poorest of the poor.

When young people commit to these life-changing experiences, they also commit to pay for the trip as well. These Kenyan missions will cost \$5000.00 each and Joshua and Alysha are responsible to raise the \$10,000 themselves.

PLEASE HELP US RAISE FUNDS FOR JOSH AND ALYSHA'S MISSION!

JOIN US FOR A PASTA FUNDRAISER

CABOTO CLUB APRIL 26, 2013,

COST: \$20.00 TICKET ORDERS: (519) 979-5234

5:00 pm–8:00 pm Dinner: 6:00 pm (Take Out Available)

There is a chance to win 1 of 2 pairs of tickets to see Rascal Flatts with every pasta ticket, along with many other draws, so please come out and join the fun and support a great cause.

For further information on Alysha's Humanitarian Mission please visit
<http://www.metowe.com/volunteer-travel/youth-trips/kenya/kenya-at-a-glance/>

For further information on Joshua's Medical Mission please visit
www.projects-abroad.org/volunteer-projects/medicine-and-healthcare/volunteer-kenya/?content=medicine/#medicine

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